

hempler's bacon
selected varieties
20 oz

\$6⁹⁸ ea
SAVE \$9.00
MUST BUY 3



the markets

PRICES EFFECTIVE 10/7/26 - 10/13/26

October COUPON BOOK

chicken breast
boneless, skinless
value pack



98¢ lb
SAVE \$4.00

FIRST 1



Valid at the Markets Stores. One coupon per customer.
Limited to stock on hand.

lucerne shredded cheese
selected varieties
32 oz

\$3⁹⁸ ea
SAVE \$5.80

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer.
Limited to stock on hand.

best yet
100% apple juice
64oz

98¢ ea
SAVE \$1.51

FIRST 2



Valid at the Markets Stores. One coupon per customer.
Limited to stock on hand.

annie's mac & cheese
selected varieties
6 oz

98¢ ea
SAVE \$0.27

FIRST 2



Valid at the Markets Stores. One coupon per customer.
Limited to stock on hand.



MEAT & BAKERY

the
markets

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
london broil or
top round roast
boneless

\$4⁹⁸
lb
SAVE \$4.50

FIRST 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
chicken drums
value pack

98¢
lb
SAVE \$1.00

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
assorted pork loin chops
bone-in, value pack

\$1⁹⁸
lb
SAVE \$1.50

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
coho salmon fillet
farmed raised
previously frozen

\$8⁹⁸
lb
SAVE \$6.01

FIRST 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
jennie-O ground turkey
16 oz

\$5⁹⁸
ea
SAVE \$2.01

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
johnsonville sausage links
selected varieties
12 oz

\$3⁹⁸
ea
SAVE \$1.51

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
hempler hot dogs
selected varieties
16 oz

\$5⁹⁸
ea
SAVE \$2.01

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
land O' frost deli shaved
selected varieties
7.5-9 oz

\$2⁹⁸
ea
SAVE \$1.00

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
best yet raw shrimp
31/40

\$6⁹⁸
ea
SAVE \$1.51

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
8 ct assorted rolls
butter & egg, wheat, ranch, dinner
or potato

\$3⁵⁹
ea
SAVE \$1.00

FIRST 3

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
father's table cheese cake
assorted flavors
16 oz

\$8⁹⁹
ea
SAVE \$2.00

FIRST 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26 ✂
best ever pumpkin pie

\$9⁹⁹
ea
SAVE \$4.00

FIRST 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

whole grown fryer
chicken

98¢
lb
SAVE \$1.60

MUST BUY 2

oscar mayer
lunchables
selected varieties
8.9-10.7 oz

\$2⁹⁸
ea
SAVE \$2.02

MUST BUY 2

EVERYDAY
VALUE

mission tortillas
flour soft taco
20 ct

MEMBER
\$4⁹⁸
ea
EXCLUSIVE PRICE

hempler's
pepperoni sticks
6 oz

\$5⁰⁰
ea

EVERYDAY
VALUE

pumpkin single
serve
WITH CREAM
CHEESE ICING!

\$3⁹⁹
ea
SAVE \$1.00

9" fruit pies
cherry, apple, peach,
marionberry

MEMBER
\$11⁹⁹
ea
EXCLUSIVE PRICE

CRUSHER COUPONS

the
markets

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
20 oz coke products
selected varieties

\$2.28
ea

SAVE \$2.13

MUST BUY 3
FIRST 3



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
tillamook yogurt
selected varieties
6 oz

78¢
ea

SAVE \$0.66

MUST BUY 6
FIRST 6



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
darigold cottage cheese
trim or small curd
16 oz

\$2.48
ea

SAVE \$4.02

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
rockstar energy drink
selected varieties
16 oz

\$1.98
ea

SAVE \$0.52

FIRST 6



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
cheetos
selected varieties
8-8.5 oz

\$3.98
ea

SAVE \$3.02

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
libby's canned vegetables
selected varieties
14.5-15.25 oz

\$1.38
ea

SAVE \$0.44

MUST BUY 4
FIRST 4



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
jet puffed marshmallows
12 oz

\$1.78
ea

SAVE \$2.42

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
coffeemate creamer
selected varieties
32 oz

\$3.98
ea

SAVE \$2.02

MUST BUY FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
tim's chips
selected varieties
7.5 oz

\$3.58
ea

SAVE \$1.82

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
hostess pastries
selected varieties

\$2.98
ea

SAVE \$1.00

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
food club sour cream
24 oz

\$1.98
ea

SAVE \$2.62

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂️ PAPER COUPON • 10/7/26 TO 10/13/26 •
sunny D
original or smooth
64 oz

\$2.18
ea

SAVE \$2.22

MUST BUY 2
FIRST 2



Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

haagen dazs
ice cream
selected varieties
14 oz

\$4.99
ea

SAVE \$6.00

MUST BUY 3



nalley chili
selected varieties
14 oz

\$2.25
ea

SAVE \$1.72

MUST BUY 4



barilla pasta
selected varieties
16 oz

\$1.99
ea

SAVE \$2.00

MUST BUY 4



24 pk pepsi
products
selected varieties
12 oz cans

\$9.99
ea

SAVE \$4.00

MUST BUY 2



monster
energy drink
selected varieties
16 oz

\$2.58
ea

SAVE \$2.73

MUST BUY 3



tree top apple juice
selected varieties
64 oz

\$3.78
ea

SAVE \$1.22

MUST BUY 2



All items may not be available in all locations.

CRUSHER COUPONS

the
markets

✂ PAPER COUPON • 10/7/26 TO 10/13/26

IGA tomato sauce
8 oz



50¢ ea
SAVE \$0.25
FIRST 12

0 00000 07429 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

eagle brand condensed milk
14 oz



\$2.68 ea
SAVE \$2.62
MUST BUY 2
FIRST 2

0 00000 07430 8

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

country crock spread original flavor
45 oz



\$6.99 ea
SAVE \$1.00
FIRST 1

0 00000 07431 5

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

cesar dog food selected varieties
3.5 oz



\$1.18 ea
SAVE \$2.94
MUST BUY 6
FIRST 6

0 00000 07432 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

kraft shredded cheese selected varieties
7-8 oz



\$3.68 ea
SAVE \$1.80
MUST BUY 3
FIRST 3

0 00000 07433 9

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

birds eye steam fresh sweet peas or broccoli
10-10.8 oz



\$1.78 ea
SAVE \$2.04
MUST BUY 4
FIRST 4

0 00000 07434 6

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

ortega green chiles diced or whole
4 oz



\$1.58 ea
SAVE \$3.64
MUST BUY 4
FIRST 4

0 00000 07435 3

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

florida natural orange juice selected varieties
52 oz



\$3.98 ea
SAVE \$1.01
FIRST 2

0 00000 07436 0

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

mccormick taco seasoning mix selected varieties
1 oz



88¢ ea
SAVE \$2.48
MUST BUY 4
FIRST 4

0 00000 07437 7

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

reynolds aluminum foil regular or heavy duty
50-75 sf



\$6.38 ea
SAVE \$0.10
FIRST 2

0 00000 07438 4

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

planet oat milk selected varieties
52 oz



\$3.18 ea
SAVE \$1.11
FIRST 2

0 00000 07439 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

ocean spray juice selected varieties
64 oz



\$3.68 ea
SAVE \$0.31
FIRST 2

0 00000 07440 7

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

frigo cheese selected varieties
6.3-12 oz



\$5.49 ea
SAVE \$3.00
MUST BUY 2

EVERYDAY VALUE

dreyer's ice cream selected varieties
48 oz



\$4.98 ea
SAVE \$4.02
MUST BUY 2

EVERYDAY VALUE

6 pk lil yami yogurt selected varieties
24 oz



\$2.85 ea
GUARANTEED LOWEST PRICE

top ramen noodles chicken or beef
3 oz



45¢ ea
SAVE \$1.20
MUST BUY 6

EVERYDAY VALUE

chicken of the sea tuna in oil or water
5 oz



95¢ ea
SAVE \$1.36
MUST BUY 4

EVERYDAY VALUE

franz bread selected varieties
24 oz



\$3.79 ea
SAVE \$2.40
MUST BUY 2

EVERYDAY VALUE

All items may not be available in all locations.

CRUSHER COUPONS

the markets

✂ PAPER COUPON • 10/7/26 TO 10/13/26

lipton soup mix
selected varieties
1.8-2.2 oz



\$1.88 ea
SAVE \$2.73
MUST BUY 3
FIRST 3

0 00000 07441 4

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

pillsbury crescent rolls
dinner or butter flake
8 oz



\$2.98 ea
SAVE \$1.01
FIRST 2

0 00000 07442 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

mrs. butter-worth's syrup
regular or sugar free
24 oz



\$3.78 ea
SAVE \$2.01
FIRST 2

0 00000 07443 8

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

angel soft
4 mega rolls
16 REGULAR ROLLS



\$4.38 ea
SAVE \$2.17
FIRST 2

0 00000 07444 5

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

nestle morsels
selected varieties
9-12 oz



\$4.98 ea
SAVE \$2.01
FIRST 2

0 00000 07445 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

minute rice cups
selected varieties
2 ct



\$1.98 ea
SAVE \$2.43
MUST BUY 3
FIRST 3

0 00000 07446 9

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

kozy shack pudding
selected varieties
22 oz



\$3.48 ea
SAVE \$1.51
FIRST 2

0 00000 07447 6

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

pepperidge farm
texas toast
5 cheese
9.5 oz



\$3.48 ea
SAVE \$1.81
FIRST 2

0 00000 07448 3

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

magnum ice cream bars
double caramel or double chocolate
3 pk



\$3.98 ea
SAVE \$6.02
MUST BUY 2
FIRST 2

0 00000 07449 0

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

orbit sugar free gum
selected varieties
14 pcs



\$1.28 ea
SAVE \$2.04
MUST BUY 4
FIRST 4

0 00000 07450 6

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

no yolk noodles
selected varieties
12 oz



\$2.48 ea
SAVE \$2.01
FIRST 2

0 00000 07451 3

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

✂ PAPER COUPON • 10/7/26 TO 10/13/26

smart balance spread
soft or olive oil
13-15 oz



\$4.78 ea
SAVE \$0.71
FIRST 2

0 00000 07452 0

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

blue ribbon ice cream
selected varieties
1 gallon



\$8.95 ea
GUARANTEED LOWEST PRICE

banquet pot pie
selected varieties
7 oz



\$1.08 ea
SAVE \$2.44
MUST BUY 4

EVERYDAY VALUE

poppi prebiotic soda
selected varieties
12 oz



\$1.77 ea
SAVE \$2.16
MUST BUY 3

EVERYDAY VALUE

totino's personal pizza
selected varieties
9.8-10.9 oz



\$1.98 ea
SAVE \$2.40
MUST BUY 4

EVERYDAY VALUE

downy softener
lavender or sweet summer
50 oz



\$3.58 ea
SAVE \$1.41

kibbles 'n bits
bistro
16 lbs



\$12.98 ea
SAVE \$8.01

All items may not be available in all locations.

PAPER COUPON • 10/7/26 TO 10/13/26

honey crisp apples
NEW CROP!
GROWN IN WASHINGTON

98¢ lb
SAVE \$0.60
FIRST 5 LBS

0 00000 07453 7

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

taylor farms romaine hearts
3 ct

\$2.98 ea
SAVE \$2.01
FIRST 2

0 00000 07454 4

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

cantaloupe
usa

98¢ lb
SAVE \$0.77
FIRST 7 LBS

0 00000 07455 1

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

red on vine tomatoes
canada

\$1.58 ea
SAVE \$1.41
FIRST 5 LBS

0 00000 07456 8

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

cucumbers
mexico

78¢ ea
SAVE \$1.21
FIRST 4

0 00000 07457 5

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

pomegranates
california

\$1.48 ea
SAVE \$3.51
FIRST 2

0 00000 07458 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

1 lb bag baby carrots
california

\$1.58 ea
SAVE \$1.41
FIRST 2

0 00000 07459 9

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

5 lb bag of idaho potatoes
usa

\$1.98 ea
SAVE \$2.01
FIRST 2

0 00000 07460 5

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

assorted squash
danish, butternut or spaghetti
usa

98¢ lb
SAVE \$1.51
FIRST 5 LBS

0 00000 07461 2

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

bulk walnuts
HALVES & PIECES

\$6.45 lb
SAVE \$1.00
FIRST 5 LBS

0 00000 07462 9

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

bulk honey roasted peanuts

\$3.95 lb
SAVE \$1.00
FIRST 5 LBS

0 00000 07463 6

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

PAPER COUPON • 10/7/26 TO 10/13/26

bulk dark chocolate gummy bears

\$11.45 lb
SAVE \$3.60
FIRST 5 LBS

0 00000 07464 3

Valid at the Markets Stores. One coupon per customer. Limited to stock on hand.

taylor farms salad blends
assorted flavors
8-12 oz

2/\$6
SAVE \$1.49

lighthouse creamy dressing
13 oz

MEMBER \$5.48 ea
EXCLUSIVE PRICE

calbee snap pea crisps
selected varieties
3.3 oz

MEMBER \$3.28 ea
EXCLUSIVE PRICE

orchard bars
selected varieties

MEMBER 98¢ ea
EXCLUSIVE PRICE

hot & spicy trail mix

\$5.45 lb
SAVE \$0.50
FIRST 5 LBS

apple chips

\$14.95 lb
SAVE \$1.00
FIRST 5 LBS